

May 2022 Family Resource Center

37 Main Street, Taunton, MA (P) 774-501-2633

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. Eid al-Fitr Computer Center & Housing Application Assistance 12pm – 5pm	3. Nurturing Fathers Program 6pm – 8pm	4. Star Wars Day FRC Movie Night 5pm – 7pm	5. Cinco de Mayo LGBTQIA+ Group 3:30pm – 5:00pm Parenting Journey 5:30pm – 7:30pm	6. Mother's Day Paint Night 4pm – 6pm	7. Mother's Day Brunch 10am – 1pm
9. IEP Workshop: Helpful Hints & Getting Organized For Your Child's IEP Meeting 11am – 2pm	10. Nurturing Fathers Program 6pm – 8pm	11. Grandparents Raising Grandchildren 11am – 12:30pm	12. Parenting Journey 5:30pm – 7:30pm	13. Parenting Workshop: Healing Social/Emotional Issues & Strengthening Connections With Kids 5:30pm – 7:30pm	14. Closed
16. Navigating Grief and Loss: For Adults 5:30pm – 7pm	17. Nurturing Fathers Program 6pm – 8pm	18. Lag BaOmer Pop-Up Pantry Day *call by 5/17/22 to schedule a pick-up time*	19. Parenting Journey 5:30pm – 7:30pm	20. Navigating Grief and Loss: For Teens 3:30pm – 5pm	21. Self-Care Workshop 10am – 1pm Pop-Up Graduation Attire Boutique 1pm – 2:30pm Taunton Downtown Art Jam 1pm – 6pm
23. Active Parenting: First Five Years 5:30pm – 7:30pm	24. Nurturing Fathers Program 6pm – 8pm	25. Grandparents Raising Grandchildren 11am – 12:30pm Just 4 U 3pm – 4pm Family & Community Advisory Board 6pm – 7pm	26. LGBTQIA+ Group 3:30pm – 5:00pm Parenting Journey 5:30pm – 7:30pm	27. Coffee, Tea & The FRC 9am – 11am True Course 4pm – 5:30pm	28. Closed
30. Closed for Memorial Day	31. Nurturing Fathers Program 6pm – 8pm		Please see key on the back for group/event information and how to register.		<i>*The FRC follows guidance from the Executive Office of Health & Human Services for health & safety protocols: All staff and visitors must wear masks inside the FRC.*</i>

Hours of Operation: Monday through Friday: 9am-5pm, Saturday: appointment only (1st Saturday & 3rd Saturday)

Proudly serving: North Attleboro, Attleboro, Norton, Mansfield, Taunton, Raynham, Dighton, Berkley, Rehoboth, Middleboro and Seekonk.

* The above listed communities make up our main service area. Please do not hesitate to reach out if your community is not listed

[Find us on Facebook at www.facebook.com/FRCTaunton](http://www.facebook.com/FRCTaunton)

Computer Center & Housing Application Assistance: Meet with our Family Support Workers to discuss housing needs and for support with applying for housing & rent resources. To participate, contact Carmen crodrigues@oldcolonyymca.org

Nurturing Fathers Program: A 13-week parenting course that brings together men from all family circumstances to explore what it takes to be their child's nurturer and teacher. To register, contact Jeff jbibeau@oldcolonyymca.org

FRC Family Movie Night: All ages welcome. We will be watching *Star Wars* in honor of Star Wars Day. Pizza and refreshments will be served. To participate, contact Jeff jbibeau@oldcolonyymca.org

LGBTQIA+ Support and Healthy Relationships Group: A general support group for adolescents facilitated by New Hope. To participate, contact Amanda amandam@new-hope.org

Parenting Journey: A 12 week parenting course that focuses on the emotional understanding of what it means to listening with empathy, and being curious. To participate, contact Anne aferioli@oldcolonyymca.org

Mother's Day Paint Night: All ages. All supplies will be provided to paint a Mother's Day themed masterpiece! To participate, contact Carmen crodrigues@oldcolonyymca.org

Mother's Day Brunch: Celebrate Mother's Day with your family at an FRC brunch! Enjoy a delicious meal while kids can decorate special cards in honor of their Mothers' special day! To participate, contact Anne aferioli@oldcolonyymca.org

IEP Workshop- Helpful Hints & Getting Organized For Your Child's IEP Meeting: A workshop facilitated by our School Liaison focused on what to expect in an actual IEP meeting, and how to prepare and organize the necessary IEP materials in a binder. To participate, contact Anne aferioli@oldcolonyymca.org

Grandparents Raising Grandchildren: A general support group for Grandparents to come together to learn about resources and make social connections. To participate, contact Moloko mguagushe@oldcolonyymca.org

Healing Social/Emotional Issues & Strengthening Connections With Kids: A workshop to provide parents with tools and strategies to strengthen the bonds with their children and manage stress more effectively. To participate, contact Jeff jbibeau@oldcolonyymca.org

Navigating Grief and Loss: For Adults: Ages 19+. A workshop to provide adults with strategies and coping mechanisms when faced with tragedy and unexpected loss. To participate, contact Jeff jbibeau@oldcolonyymca.org

Pop-Up Food Pantry: Meal care packages will be available for pick-up monthly at the FRC. To schedule a pick-up time, contact Carmen crodrigues@oldcolonyymca.org by 5/17/22.

Navigating Grief and Loss: For Teens: Ages 10-18. A workshop to provide teens with strategies and coping mechanisms when faced with tragedy and unexpected loss. To participate, contact Jeff jbibeau@oldcolonyymca.org

Wellness & Self-Care Workshop: A workshop facilitated by our FRC staff focused on comprehensive and holistic wellness and how utilize different tools to best nurture and care for oneself. To participate, contact Carmen crodrigues@oldcolonyymca.org

Taunton Downtown Art Jam: A celebration of all things ART at Taunton Green in downtown Taunton, MA. Art demos, music, food, and more! Presented by The Downtown Taunton Foundation, Real Art Studios, The Trescott Street Gallery, & The District Center for the Arts.

Sisters Support Success & Family Resource Center Pop-Up Graduation Attire Boutique: Get some new FREE clothes for your graduation ceremony at this month's FRC partnership with Sisters Support Success! To participate, contact Erin ekelleygreen@oldcolonyymca.org

Active Parenting: First Five Years: A complete course to address basic skills for new parents and caregivers training. To participate, contact Moloko mguagushe@oldcolonyymca.org

Just 4 U Support Group (In-Person): Youth support group for grades 7-12 focused on providing a supportive environment to develop skills to help cope with the substance abuse of a loved one. The last Wednesday of every month. To participate, contact coryscause@aol.com

Family & Community Advisory Board: Join the FRC and Taunton YMCA teams as we launch Y-Ability! Have your voice heard to implement inclusive programs at the FRC and Taunton YMCA. To participate, contact Erin ekelleygreen@oldcolonyymca.org

Coffee, Tea, & the FRC!: Join us for coffee and conversation. Meet new people and create new connections. To participate, contact Carmen crodrigues@oldcolonyymca.org

True Course: True Course is an outdoor-based program that works with at-risk youth who need an alternative approach to getting back on track. True Course is a 10-12 month program that provides: Intensive Case Management, Mentoring, and Experiential Learning. True Course uses the outdoors as our catalyst for positive change. To apply, contact [508-995-6400 ext. 3611](tel:508-995-6400) or TrueCourse@bcso-ma.org

Want to learn more
about Family Resource
Centers? Scan our QR
code!

